

# Using My Updates

## How-To Guide

Insight is Emory University's platform for managing research protocols and related administrative workflows. This document provides step-by-step instructions for using the **My Updates** feature within the **Disclosures** module. It explains how to view previously disclosed external activities or conflicts of interest and manage updates throughout the year. Users are guided through reviewing, editing and submitting changes to their disclosures.

## Use My Updates

1. From the menu on the left, click **Disclosures**. *The Disclosures module opens.*
  - a. You can also navigate here by clicking **Disclosures** on the Insight home page.
2. In the same menu on the left, click **My Updates**. *The My Updates page open with instructions at the top and a table of our approved external activities below.*
3. The table includes columns for **Entity Name**, date **Last Updated**, **Incomplete** status and an icon to open a **PDF summary** of the disclosure.
4. In the table, locate the **external activity** that requires updating and click **Update**. *The Disclosure form opens with buttons and editable fields to update employment affiliations and related activities.*
5. Make any necessary changes to the form fields. In the panel on the right, use the **Submission Checklist** to identify any missing fields that require updating. *The form is complete, and text under the Submission Checklist reads, "All validations in this area have been completed."*
  - a. The **Submission Checklist** will update dynamically with new required tasks as you update form responses.
  - b. Documents can be uploaded to this form by dragging and dropping files to the **green upload area** or by clicking **select files from computer** to browse and upload files.
6. Once updates and checklist items are complete, navigate to the bottom right of the screen under **Submitter Actions** and click **Save**.
7. When you are ready to submit, return to **Submitter Actions** and click the **checkbox** that states you have answered fully and to the best of your ability. Then click **Submit**. *The disclosure is updated in Insight.*
8. Click **My Updates** in the menu on the left to return to the summary page. *The updated list of approved external activities displays.*
9. To view the change history, click on the **disclosure** in the table. *A submission history section expands, including the most recent update.*

## About My Updates

- External activities are first submitted and approved in the Agreements module. Once approved, they appear in Disclosures.
- In My Updates, you can edit approved disclosures or report new interest tied to existing activities without resubmitting the entire form.
- There are two categories of approved activities that help distinguish current from older interests:
  - **Active or Recently Disclosed Interests:** Interests submitted within the last two calendar years through Agreements, Updates or the Annual Disclosure process.
  - **Historical Interests:** All other previously disclosed interests that fall outside the two-year window.

## Additional Resources

- Visit the [Project Insight SharePoint page](#) for additional training materials and project updates.